

Learning to say the Daily Office on your own

If you decide to participate in this please send a message to me at ragodct@gmail.com In your message be sure to tell us if you will be joining Sister Michelle and me or using one of the other formats. Please read the material below carefully so you're clear about the commitment.

Learning to say the Daily Office on your own: an Optional Educational Opportunity

This is for those who do not currently saying the Daily Office, in some form, on most days. It's a jump-start process that may help you in developing the practice.

Dates: Monday March 4 through Friday the 8th and Monday March 11 through the 15th. Ten days.

The process: 1) You commit yourself to saying the office in one of the formats suggested below. 2) You let us know of your commitment and how you will be doing the office. That's especially important for those planning to do it with the two of us. 3) We will send you one or two resources related to the Daily Office during the two weeks. 4) We will offer an optional half hour de-briefing session on Friday April 12 at 11:00 am. It will follow the first session of Module Three that day. There will be a social Zoom link just for that session that will go out the day before.

Fee: No fee

Useful resource: 2024 Episcopal Church Revised Common Lectionary Lesson Calendar from [AMAZON](#) It includes the appointed psalms and readings for each day.

Formats: Select any format that you believe will best work for your circumstances and temperament.

- 1) At 7:30 am Pacific time with Sister Michelle and Brother Robert. That is our regular routine. You'd be joining us for those two weeks. You would usually be muted. You should join in saying the psalms and prayers. You'll need a Book of Common Prayer. We use Rite Two beginning on page 80 with The Invitatory and Psalter. We do three readings. Before we begin we'll confirm the psalms and canticles being used that day.
- 2) You join the in-person saying of the Office at a parish near you.
- 3) You say it on your own each day.
- 4) You attend a web based saying of the Office (Zoom, Live stream, on YouTube, etc. Below are a few places doing the office in that way. You may find many others with a bit of searching.

St. Clare's, Georgia

The group is invited to join [St. Clare's in Georgia](#) on Facebook. We hold Morning Prayer at 8:00 AM M-F, and Compline at 7:30 PM M-F. In addition, during Lent we will offer Evening Prayer at 5:00 PM M-F beginning Thursday, February 15th. Find us on Facebook under St. Clare's Episcopal Church. All times are EST. Liz+

Saint Mark's Philadelphia streams the Daily Office Monday-Friday (Morning Prayer at 9 a.m. and Evening Prayer at 5:30) to the parish's [Facebook page](#).

Atonement Chicago 8:30 a.m. Daily Morning Prayer on [Google Meet](#)

Saint Mary's Hamilton Village, Philadelphia 2/5/24, 1:29 PM Gmail - STP: Learning and support to say the Daily Office

<https://mail.google.com/mail/u/0/?ik=4aad4d4073&view=pt&search=all&permmsgid=msg-a:r6885018260014545220&simpl=msg-a:r6885018260014545220> 2/2

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Monday Morning Prayer at 9 AM via
Facebook Live

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Tuesday Morning Prayer at 9 AM via
Facebook Live

+ Wednesday Morning Prayer at 9 AM via
Facebook Live

+ Thursday Morning Prayer at 9 AM via
Facebook Live

+ Friday Morning Prayer at 9 AM via
Facebook Live

For your reflection - The Daily Office